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Local Giving for Local Needs



Coventry City Council

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with clout

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Triangle presents *The Last Women @gatewayone*

Training and participatory programme 7 January – 1 February 2008
Special guest artists: Roberta Carreri and Jo Foster

**Venue: The Old Meeting United Reformed Church,
Leicester Rd, Bedworth, Warwickshire, CV12 8AH,**

Lead Artist and Director: Carran Waterfield

Associate Artists: Lorraine Smith, Kathryn Bond, Olivia Winteringham, Nina Smith, Emily Ayres, Bronwyn Harrison

Guest Artists: Joanna Foster, Roberta Carreri and Mystery Guest

Guests Speakers: John Burton, Linda Mayne and Robert Muscutt

“At the first gate Inanna gives up her crown”

Authority: the authority of literature and the word; the authority of the law; the authority of the artist's research and training and the rule of the head.

Triangle under the artistic direction of Carran Waterfield is inviting participants for ***The Last Women***. At the first gateway of exploration Triangle offers 2 x 2 day masterclasses for interested performers to work with Roberta Carreri of Odin Teatret and singer, composer Jo Foster with members of *The Last Women* company.

Participants are invited to attend the masterclasses and participate in the event programme for the first gateway of *The Last Women*. Participants may attend the event programme only.

The Last Women concerns stories of hanged women from 7 towns/cities beginning in Coventry with Mary Ball: a ribbon weaver and ending in London with Ruth Ellis: the last woman to be hanged in Britain. The project is a research performance and event programme that will develop over a year and then tour to the seven towns/cities in 2009. The project will develop through seven gateway themes. January – April 2008 and September – November 2008.

More information go to www.rembrd.wordpress.com and www.triangletheatre.co.uk/partners.htm

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Schedule:

9-10 January two-day open workshop with Roberta Carreri	£100 (8 places)
11 January 2008: Afternoon Open Forum with the company	£5 (30 places)
15 January 2008: Evening panel event with Roberta Carreri, Jo Foster and a mystery guest	£8 (50 places)
16-17 January 2008: two-day open workshop with Roberta Carreri, Jo Foster and Carran Waterfield	£100 (8 places)
18 January 2008: Afternoon Open Forum with the company	£5 (30 places)
29th January 2008: Evening panel event with John Burton, local historian, Linda Mayne and Robert Muscatt (descendants of Mary Ball) Contemporary lives in opposition	£8 (50 places)

The workshop with Roberta Carreri is divided into two parts. The first part will concentrate on the actor's physical training — on the awakening of the actor's presence. The second part will focus on the work with the voice, comprising exercises that awaken the sonority of the voice and develop the capacity to make vocal actions in the space.

The aim of the workshop is to transmit, in a relatively short period of time, the basis of an actor's training that can help us achieve:

- for the young actor to discover their scenic presence through the exploration of a formalized scenic behaviour.
- for the experienced actor to provide a way to free themselves of their performing automatism, their own clichés.

The workshop will focus on the perception of your own presence in relation to the space and to the other actors on stage and find ways of how one can be present in the action one is doing and at the same time be ready to react. The workshop will also focus on how to find the centre line of your body, how to work with the "in-tensions" and in which way we achieve a dynamic immobility. We will explore different qualities of energy of the gaze and learn how to identify different points of the body where the impulse that will lead one in space starts. We will work with the creation of physical and vocal actions, and how to realize them with different qualities of energy – e.g. slow motion. And finally the workshop will also focus on the aspect of vocal training with several body resonators and the relations between vocal and physical actions.

Each participant is required to come to the workshop with a text of at least 20 lines

The workshop with Joanna Foster, Roberta Carreri and Carran Waterfield will focus on the voice and song in relation to the themes of *The Last Women* and will build on the previous work with Roberta introducing participants to the method of work behind within *The Last Women* project.